

Open Seminar

Doing Business in China



Topics will include:



Vocabulary

beat sth, to broaden horizons, to country differences

initial insight intermediary

knowledge exchanges measurable

negotiations practise, to progress, to (make) pursue, to

quit, to

relationship building relentlessly reward, to satisfy, to sustainable topic

unfortunately

ersiegen

Horizont erweitern

Land

Unterschiede (hier) anfänglich Einblick

Zwischenstadium Kentnisse austauschen

messbar Verhandlungen

üben

Fortschritte machen

fortführen aufgeben

Beziehung aufbauen schonungslos belohnen zufrieden stellen nachhaltia

Thema leider

Overcoming the "Learning Plateau"



When you are learning something new, there will come a time when you feel you have hit a plateau. You feel as if you're not making any progress at all, no matter how hard you try. This can be a very frustrating experience, and unfortunately a lot of people give up learning and move on to something else. But the plateau does not exist; the learning curve slows down at an intermediary level. In other words, it's a natural phase of the learning process and you are, in fact, still making progress.

Language learning

It's been 20 years since your English course? Don't worry! You know more than you think! In the beginning your new start



you will acquire new skills, (re)learn the rules, experience the dynamics, and even pick up some new insights. At this stage of learning, you see and experience that you get better every week and the progress satisfies you. This is the most rewarding level for learners, but it can't last!

Hitting and beating the plateau

As you continue to learn, your initial progress is not very visible anymore. You're not learning a lot of new skills and, although there's room for improvement, you know the basics. You're no longer a beginner, you are at intermediate level. This "plateau" experience makes you feel that no matter how hard you try, there is no progress in learning. How can you <u>beat</u> that feeling? Here are some suggestions:

· Focus on the fun

Focus on enjoying what you're doing, rather than on the progress you want to make.

• Take some time off

If you get frustrated, take some time off. If you're losing the fun, don't <u>pursue</u> your learning goals <u>relentlessly</u>. But don't quit!

• Celebrate your intermediate level

You're not a beginner anymore! Be proud! At this time you can change from learning to gaining experience. And by doing so, you're building confidence.

• Set realistic, measurable goals and reward yourself for each step taken

A professional trainer will help to set realistic goals at this stage so that you can continue to measure your progress. And to keep up the motivation to continue learning, reward yourself for every step taken!

www.creative-english.at

Communication programs, coaching, seminars, etc.