

Singing Your Way!

EASY

Last November, two CEC groups met at Sombrero´s in Lustenau for a Karaoke Singing Contest. The groups came from Martin, GmbH in Braz and from Conelly Cocktails, GmbH in Lustenau. The trainers for these groups are Ellice Brown-Dietrich and Chrystyna K. Lucyk, CEO of CEC.

"The groups came together and they were very nervous," Lucyk explained. "But, as soon as they had one song behind them, we couldn´t stop them!" Each group prepared for at least three songs. However, the evening went into the early morning hours.



"It was very, very funny! And the people were great," said Alexandra Kügerl, from Accounts at Martin.

"We had a karaoke machine in our office to practise with," Günther Hämmerle, the owner of Connolly, confessed. "But everyone had their good and bad moments," he added, laughing.

Ellice Brown-Dietrich and Chrystyna K. Lucyk were very enthusiastic about the event. "The participants have already asked us when the next one is." CEC plans to invite groups again to another evening and will make it an open event. If you would like to participate or come and watch, please send us an email to bblok@creative-english.at with the subject: "Invite to Karaoke."

Instant Gratification = Instant Failure

MEDIUM

"Patience is a virtue," yet we have become a society addicted to instant gratification and forget to think long-term. We bombard our contacts with emails and are only pacified when we receive an auto reply informing us that the recipient is out of the office. The fact that the world does not come to an end in this instance does not stop us from harassing others with our inquiries in the future.

Our mindset is going further away from the idea of long-term planning. However, the methods for learning languages should be sustainable and that begins with the learner. The biggest contributor to the instant gratification mindset is that confrontation creates the greatest motivation. If participants have an immediate need for English, they stay on the ball and keep on learning. Those who are not confronted by English on a regular basis, however, tend to reset their priorities after a time. This is only human and we demonstrate this in many different ways.



Think about it: New Year´s Eve. You want to lose 10 pounds. You go to the gym three times a week. You start to look good. Three times a week goes down to two. Two days a week, goes down to one, and if Susanne calls you and asks you out, you stop going at all. Why? Well, if *Susanne* doesn´t mind the extra pounds...?

Like exercising, learning should also become a lifestyle. But if confrontation should not be the main motivating factor, what can be?

- Make learning a habit. Find something you enjoy doing and do it in English.
- Set achievable goals. Your coach should point out the milestones you have reached and take it step by step!
- Reward yourself for having done what you set out to do, no matter how small the step.

Long-term planning is part of the process in language learning and one way to make sure you plan for the long haul is to find what keeps you motivated!

Vocabulary

accounts	Buchhaltung
added	fügte hinzu
CEO	Chef(in) / Geschäftsführerin
enthusiastic	begeistert
explained	erklärt
invite	einladen
laughing	lachend
participants	Teilnehmer
practise	üben
watch	anschauen / beobachten

achievable	erreichbar, ausführbar
addicted	süchtig
contributor	Mitwirkende
goals	Ziele
harassing	belästigen
instant gratification	sofortige Genugtuung
mindset	Einstellung
patience	Geduld
plan for the long haul	für die Langstrecke planen
reward	belohnen
stay on the ball	am Ball bleiben
sustainable	nachhaltig
tend	(dazu) neigen
virtue	Tugend